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### **METHODOLOGY**

This report is based on a mix of data from the 4Youth Community of 16-24s and Core4 community of All 4 viewers.

Fieldwork took place early to mid June 2020

#### Who did we speak to?

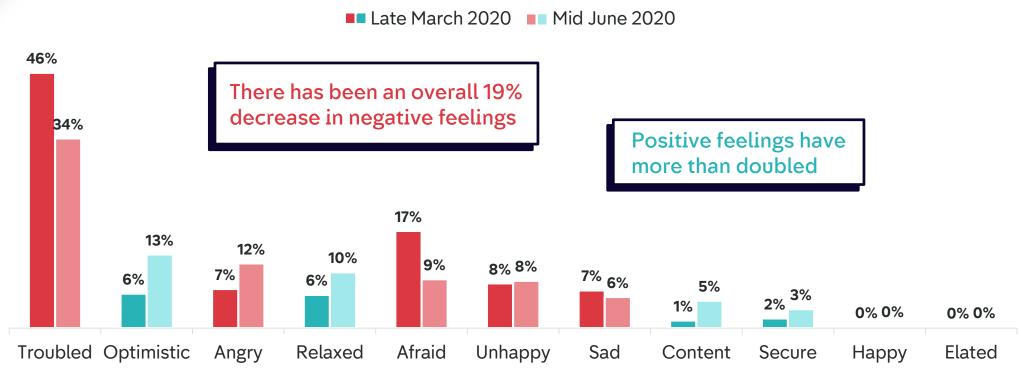


**79 Youth Community** members – sample of 16-24s





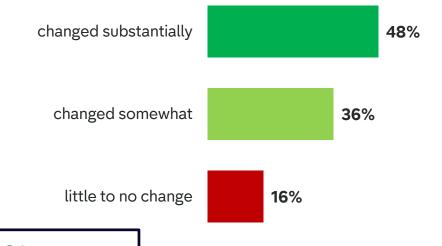
## People are feeling less negative overall, with positive sentiments like 'optimism' growing. Anger is the only negative statement to grow







# The majority of people have had to change their behaviour as a result of the pandemic



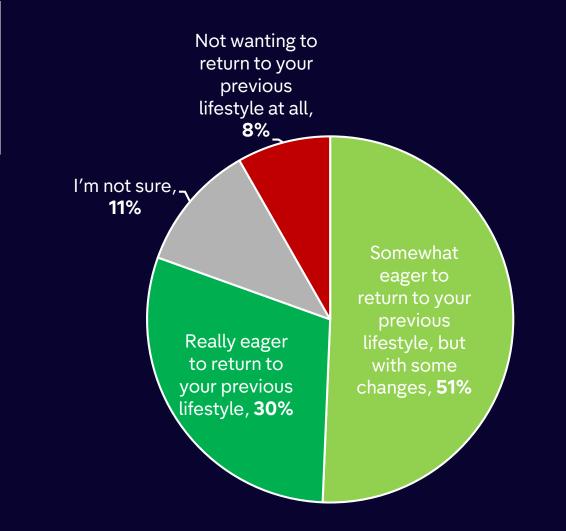
Q: ...and to what extent, if at all, have you changed your typical behaviour in response to the Coronavirus outbreak? Sample = 1066 Adults 16+

# People are torn as to what they want from their post Covid-19 lifestyle

Only **30**% of people want to return to their previous lifestyle with no changes.

A further **51%** of people are keen to return to their previous lifestyle, but with some changes.

A minority **8%** are anxious to get back to 'normal' and **11%** are not sure.



Q Once the Coronavirus is no longer a threat to public health, to what extent do you want your lifestyle to return to how life was prior to the outbreak?

Sample = 1066 Adults 16+



#### People are torn on returning to their previous lifestyle

EAGER TO RETURN TO PREVIOUS LIFESTYLE

RETURN TO LIFESTYLE BUT WITH SOME CHANGES

NOT WANTING TO RETURN TO PREVIOUS LIFESTYLE

30%

The overwhelming sentiment from this group is a **desperation to be able to meet and touch friends and family**. They are also keen to get back to some of their favourite activities, going out for **meals**, to the **pub**, **theatre**, **cinema** etc.

"We want desperately to meet up with our children & their families. We want to share a meal celebrate all the birthdays & anniversaries that we would have done together. I want to hold my children and grandchildren for a long time. I want to talk to them face to face. "

"I miss seeing **friends**, joining in regular **activities**, going to arts events, **travelling freely** and **confidently**."

51%

The desired changes often centred around quality time at home with family, slowing down and re-evaluating, new hobbies, wanting more flexible working arrangements to stick. For others these changes are based on fear of travelling too far or being in big crowds.

"My work life balance was out of kilter so I am looking to reduce some my workload, and attempt to reincorporate more activity in my life."

"Going to stay at home more now and enjoy my family and home doing DIY myself has been great. Playing board games with the kids, spending quality time at home is the best thing to come out of lockdown"

"Still think until there's a vaccine need to be cautious and stay safe"

8%

These people are either really enjoying 'lockdown life' and the slower pace or they are feeling very anxious about having to change gear back to 'normal'.

"I am loving **spending time at home** with my Husband and Dogs. Having spent the time workin\g from home, my life has been **simpler**, **less stressed** and **easier**"

"I'm **nervous** about being around large groups of people - I had **social anxiety** before\\\ & not being exposed to them every day means it's spiked"

NOT SURE

11%

Too soon to know and still worried about the future

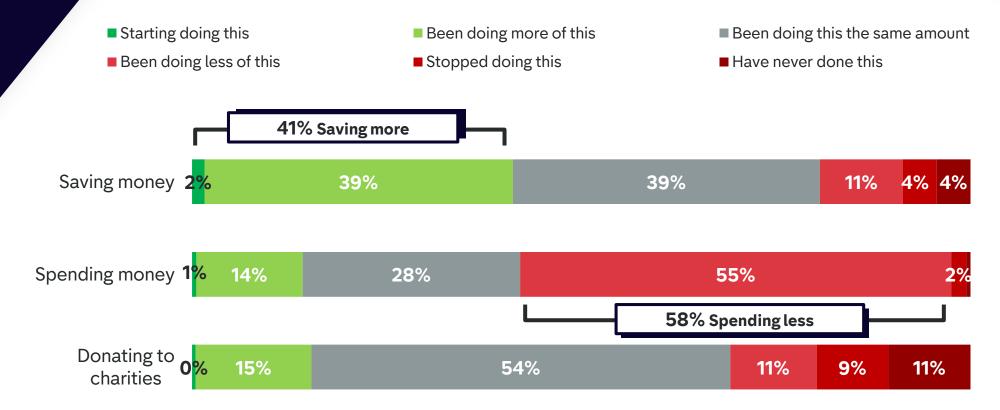
"Will it be truly safe? Will we learn from it or not?"



Sample = 1066 Adults 16+

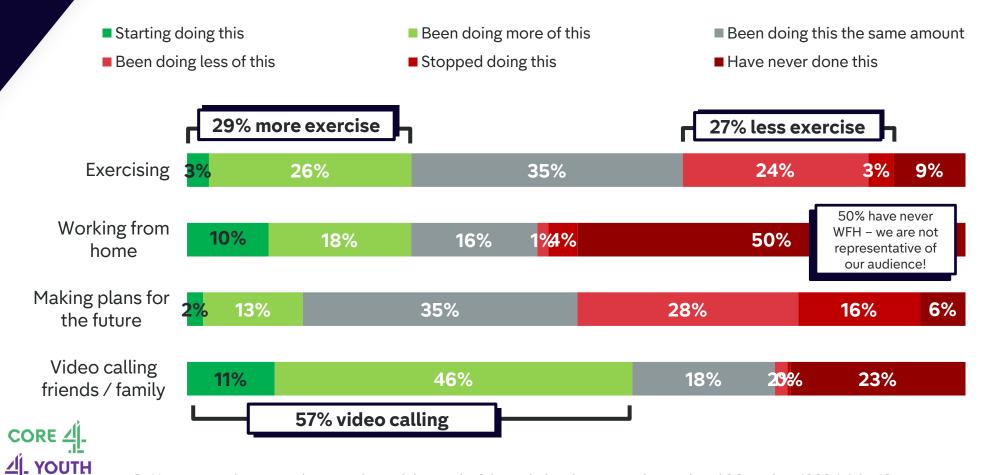


## The majority have been saving more money & spending less, although for some the opposite is true

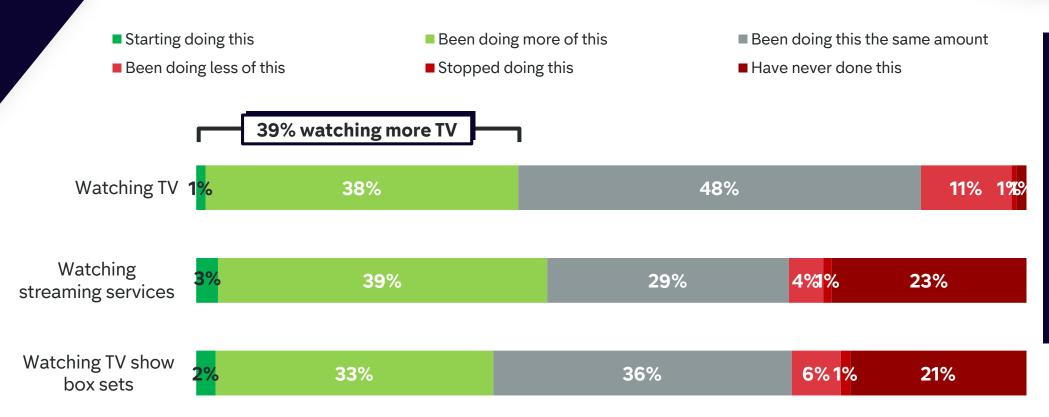




## Video calling has been on the rise during lockdown, but people are split on exercise

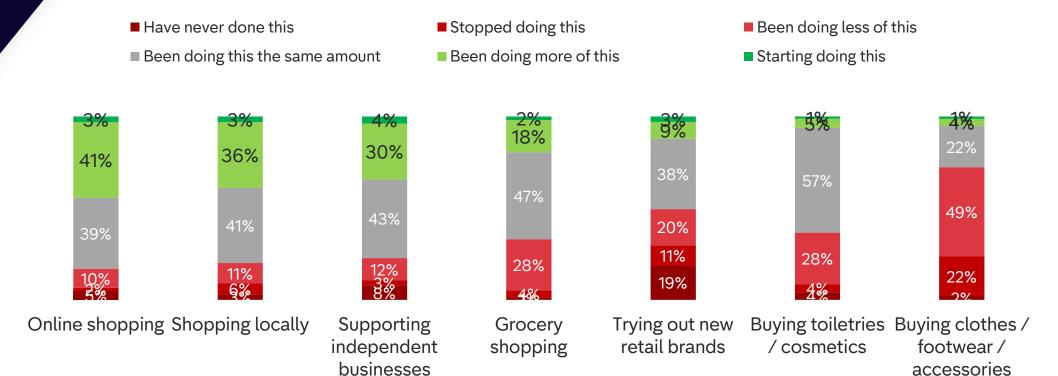


## People have been watching more TV content across all platforms over the last few months



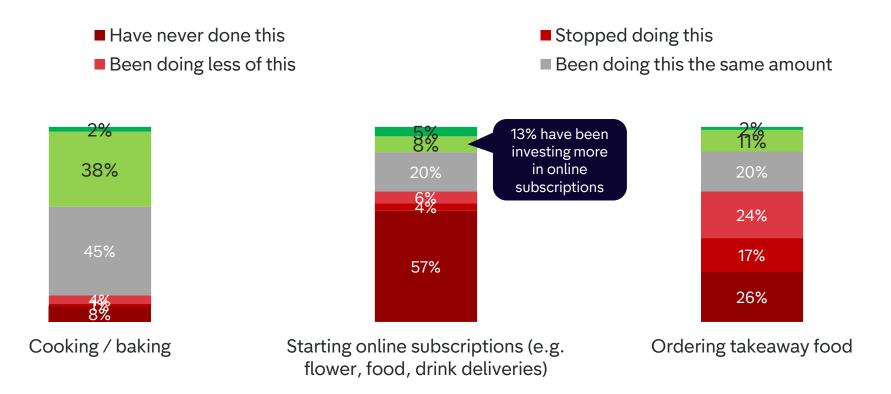


## People have been doing more online shopping and trying to shop locally or support small businesses





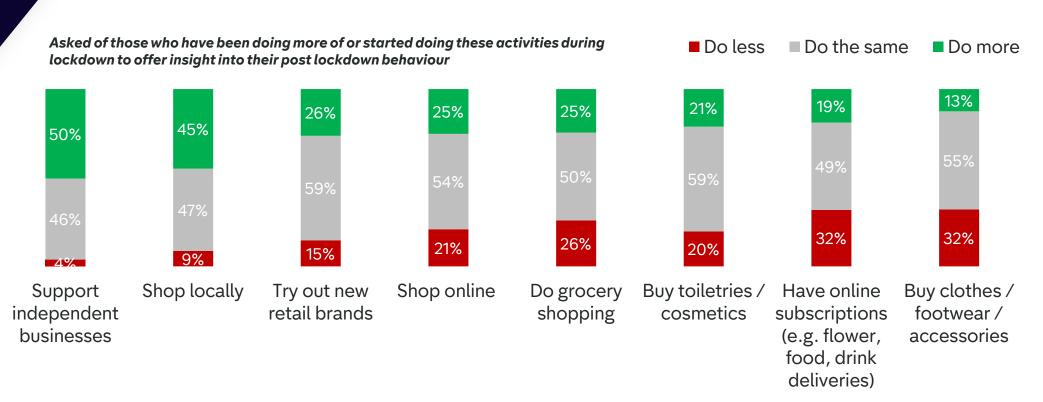
### Baking has been a very popular activity with 40% doing this more than usual







## Looking to the future, people are keen to support more independent businesses and their local stores





## People are looking forward to planning for the future and are keen to keep up exercise routines they have established

Asked of those who have been doing more of or started doing these activities during ■ Do the same Do more Do less lockdown to offer insight into their post lockdown behaviour 19% 30% 39% 39% 55% 59% 42% 21% 8% Work from home Cook / bake Making future plans Order takeaway food Exercise



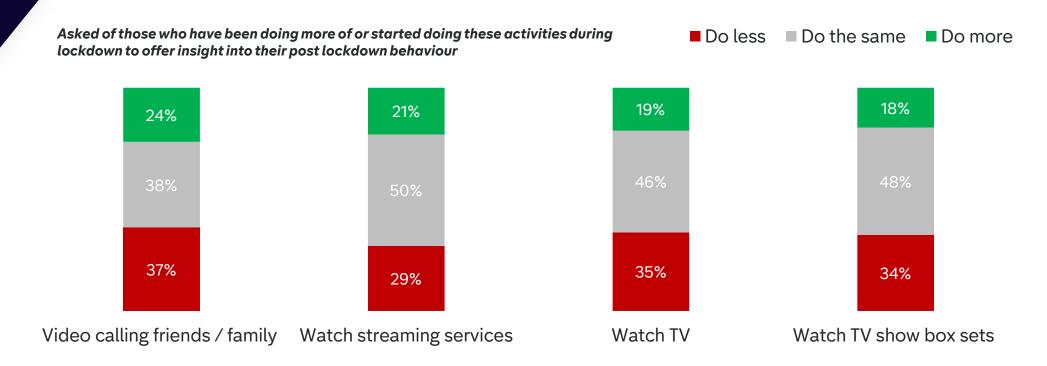
People who've worked from home in lockdown are split on whether they will be able to do it more or less in the future

## The financial outlook is very divided as people will emerge from lockdown in very different financial positions

■ Do the same Do more Asked of those who have been doing more of or started doing these activities during Do less lockdown to offer insight into their post lockdown behaviour 22% 26% 28% 41% 29% 13% Donate to charities Spend money Save money



## Whilst some feel they will have less time to watch TV, around one fifth plan to watch more TV post lockdown





### Meeting family and friends, being able to hug and take part in activities they enjoy are top of the list

Seeing children/looking after grandchildren. **Meeting friends** for drinks. Planning a **holiday** 

Seeing friends for a **meal** in a **restaurant** 

Going to the **pub** and **cinema** 

Going to **live music** events

Hugging grown up sons and being less fearful that something will happen to them. Being able to visit my best friend who's dad died of this and comforting her. Feeling brave enough to go out again.



Spending time with my **family** and **friends**. Not any thing especially exciting just **hanging o**ut and talking and being in each others company. Until we get fed up with each other again! I can't wait to be fed up with each other again!

Just being with my family going back to how we were laughing, gossiping, bitching and indulging each other. Talking to them face to face without Zoom or FaceTime. Shouting at each other arguing over rubbish, football, music, family.

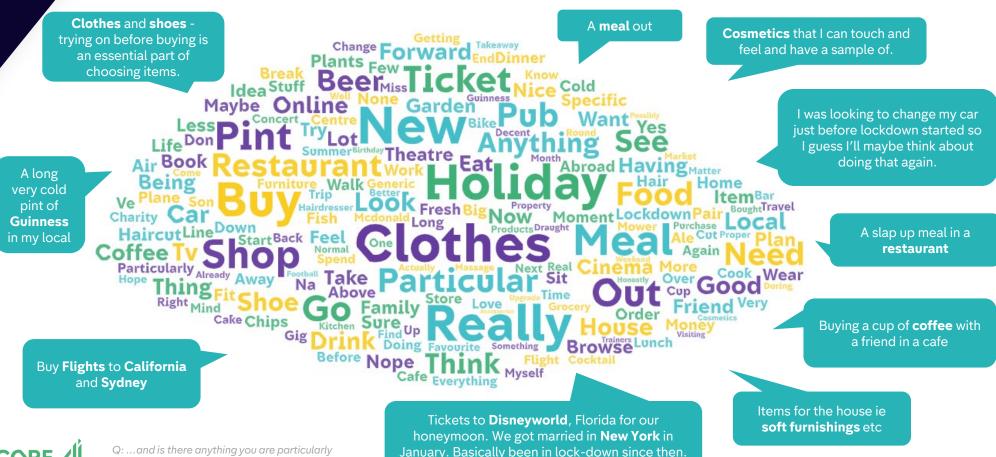
Going to see my **friends** and **family** and giving them a **big hug** 

Being able to enter a shop, cafe or other building without fear of infection. Spending **quality time** with my family and going to **gigs** and the **theatre** and a trip to the **seaside**.



Q: What would you say you most looking forward to doing once coronavirus is no longer a threat? Sample = 1066 Adults 16+

### People are most looking forward to buying clothes, a holiday, a meal out and a pint





Q: ...and is there anything you are particularly looking forward to buying after once coronavirus is no longer a threat? Sample = 1066 Adults 16+

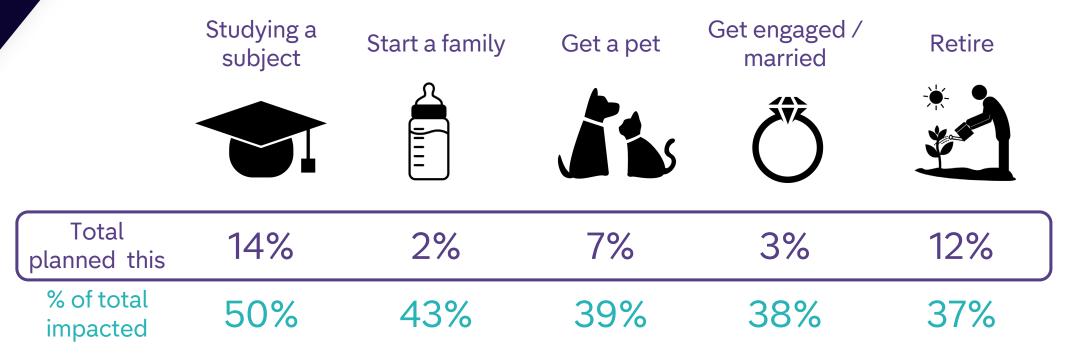


## Buying/moving house, career and investment decisions have been <u>most</u> impacted

	Buy a house	Move house	Change job / career	Make financial investment	Start a business
	£			<b>£</b>	
Total planned this	9%	11%	12%	17%	4%
% of total impacted	73%	71%	70%	58%	53%

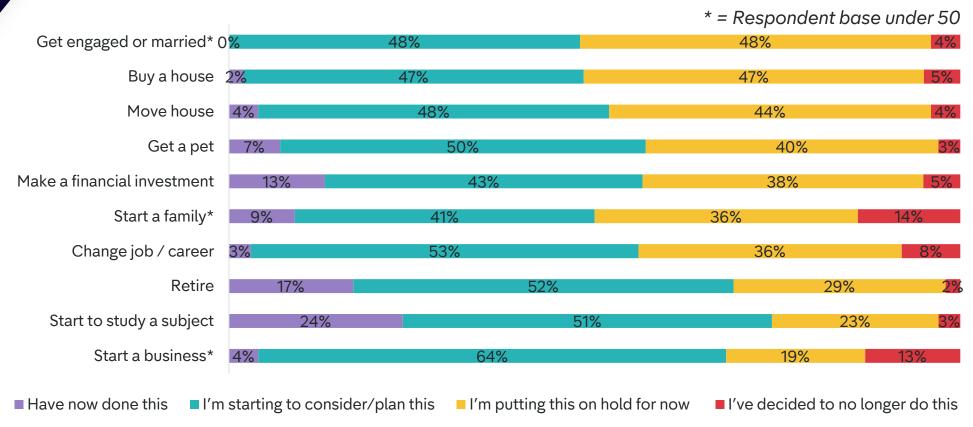


## While relationship, family and life stage decisions have been <u>least</u> impacted





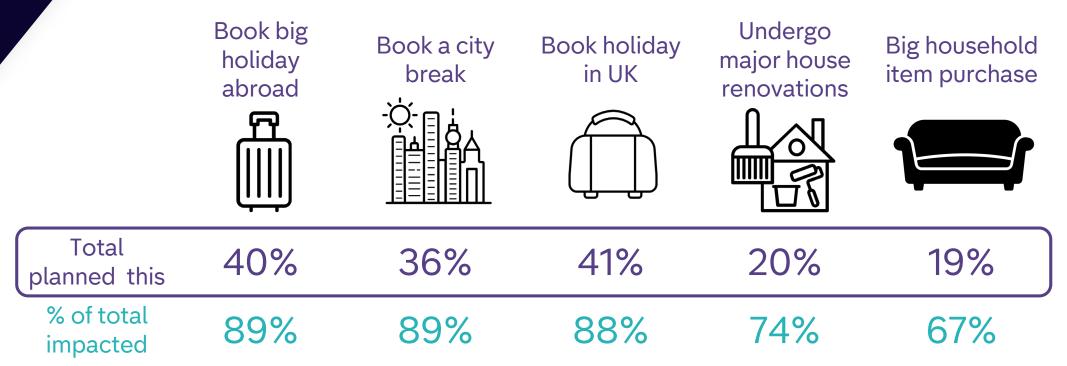
## Home purchases/moves, investment plans & weddings/engagements are most likely to be on hold







## Holiday plans have unsurprisingly been most impacted by the pandemic



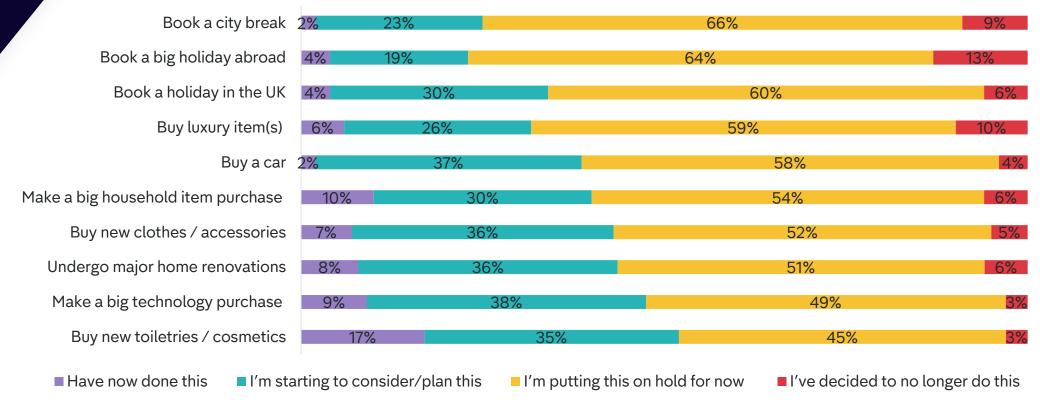


## Least affected purchases include home based products, as well as more indulgent products

	Buy a car	Buy luxury item	Buy new clothes	Make a big technology purchase	Buy new toiletries / cosmetics
Total planned this	14%	8%	33%	19%	32%
% of total impacted	65%	58%	57%	43%	35%



## Holiday plans are most likely to be put on hold, along with some big ticket purchases

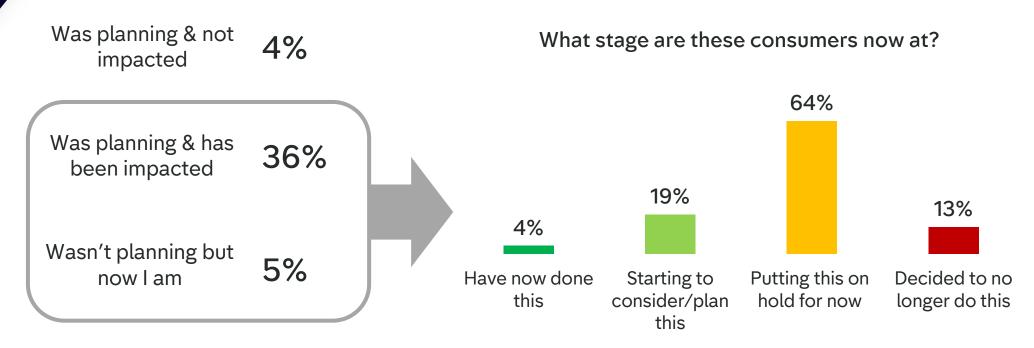




#### 40% were planning a big holiday abroad

Over a third have had plans impacted and a further 5% hadn't been considering an abroad holiday and now are doing. Of these two groups, over 6 in 10 have put plans on hold, under 20% are planning a trip(s), while 13% have decided to no longer do so.





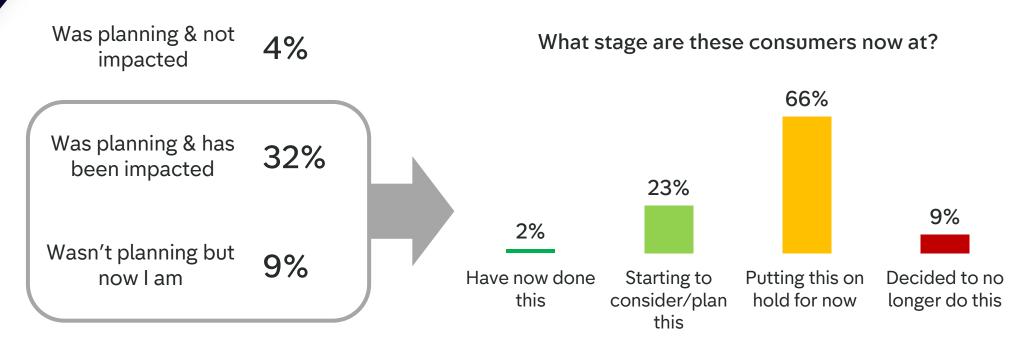
Q. Now have a think about potential plans. Which statement best describes whether the coronavirus has impacted each plan.

Q: Now have a think about potential plans. Which statement best describes whether the coronavirus has impacted each plan. Allocate each option to the statement most relevant to you. Sample = 1,066 Adults 16+

#### 36% were planning a city break

**Almost a third have had plans impacted** and a further 9% weren't considering a city break but now are. Over 6 in 10 are putting their city break plans on hold while almost a quarter are planning this now.





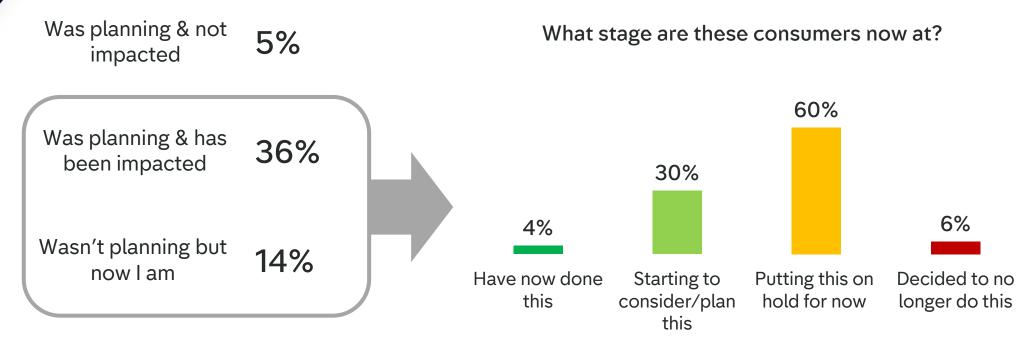
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#### 41% planned to holiday within the UK

Over a third have had plans impacted and a further 14% hadn't been considering a UK holiday and now are doing since the pandemic. Of these two groups, 6 in 10 have put plans on hold, while almost a third are starting to plan their UK trip.





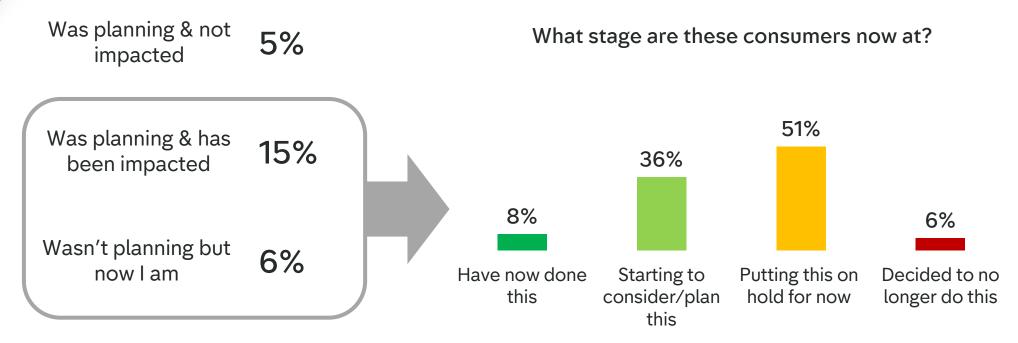
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#### 20% were planning house renovations

15% have had plans impacted and a further 6% hadn't been considering house renovations but now are. Of these two groups, over a third are now planning this and 8% have done this. Half are putting plans on ice for now and 6% have decided against it.





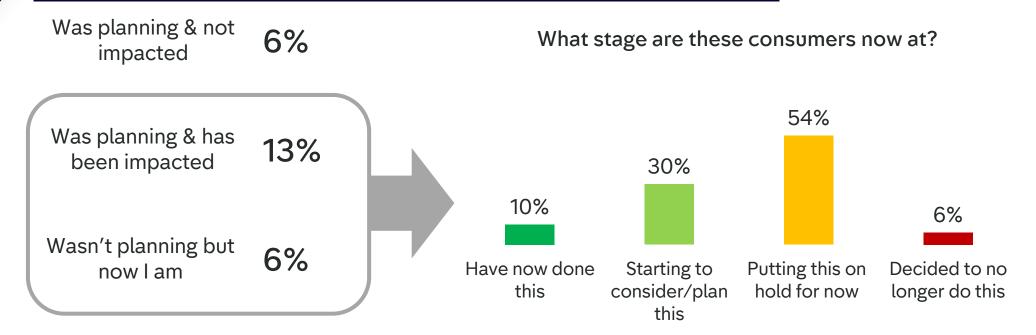
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#### 19% planned a big household item purchase

13% have had their plans impacted as a result of the pandemic, which a further 8% started planning for a big household purchase as a result of the pandemic. 3 in 10 are now moving ahead with their plans and 1 in 10 have already made purchases during the pandemic. However over half have put plans on ice and 6% are no longer considering this type of purchase.





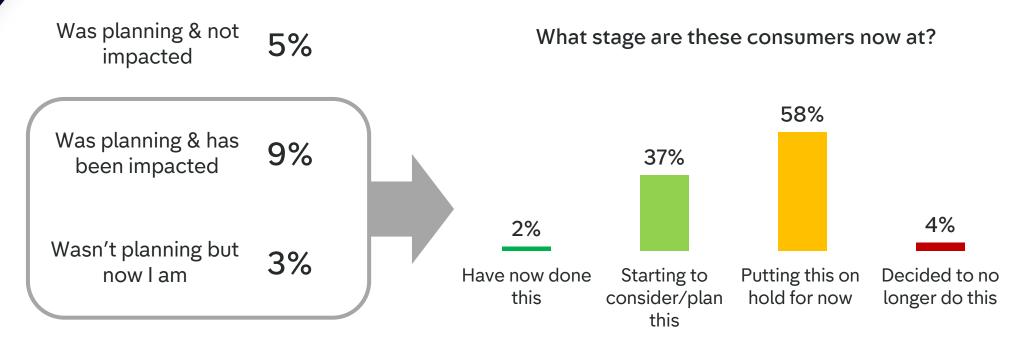
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#### 14% were planning on purchasing a car

**9% have had their plans to buy a car impacted by the pandemic** and a further 3% didn't have this on their radar but now are planning this. Of these two groups a over third are now considering or planning this now, while almost 6 in 10 people put their plans on hold. 4% have decided to no longer buy a car.





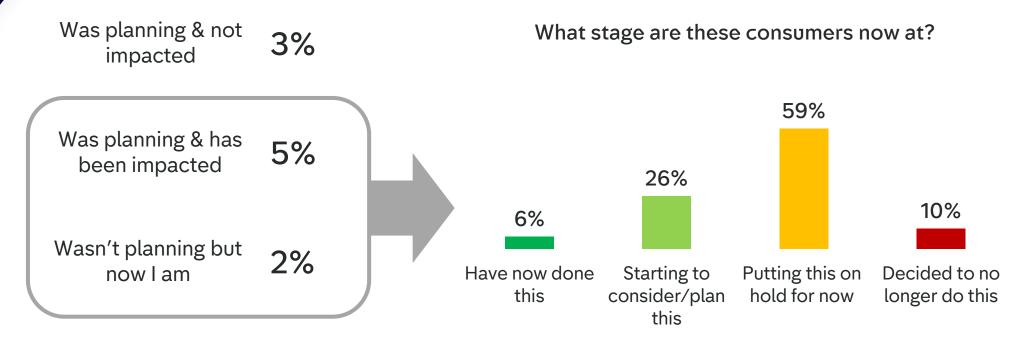
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#### 8% had planned to buy luxury goods

Only 5% have had their plans impacted and more than as many weren't considering buying luxury goods and now are. Of these two groups, over a quarter are planning to make a purchase and 6% have done so. However almost 6 in 10 are holding off and 1 in 10 are no longer planning to.





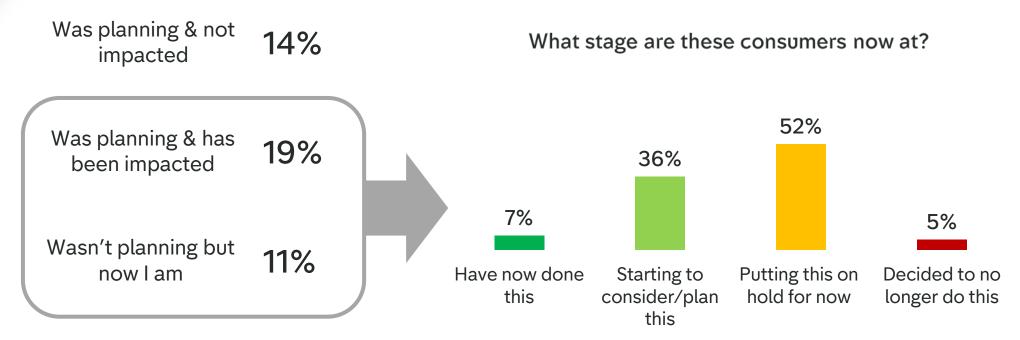
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#### 33% intended to buy clothes & accessories

Almost 1 in 5 had plans impacted and a further 11% hadn't considered buying clothes and accessories but now have done. Of these two groups, just over half have put plans on hold, over a third are planning to make a purchase and 7% have done so.





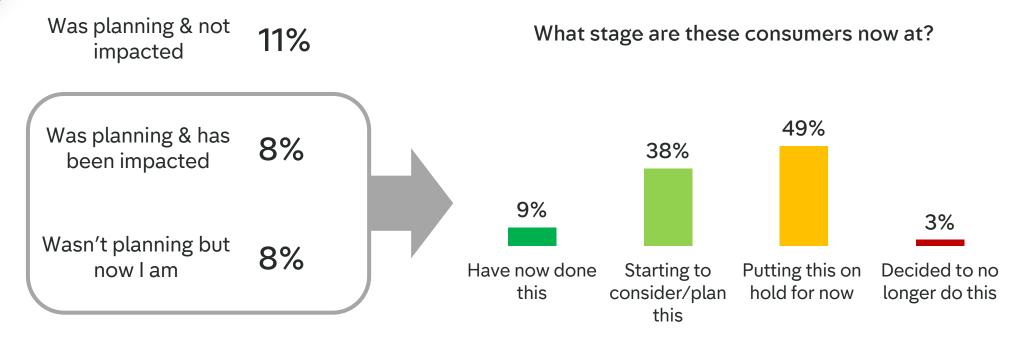
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#### 19% intended to make a big tech purchase

8% of these have had their plans impacted and a further 8% weren't considering any big technology purchases but now are. Of these two groups, almost half are holding off on their plans, while almost 4 in 10 are moving on with their plans. Almost 1 in 10 have gone on to make a big tech purchase since the pandemic.



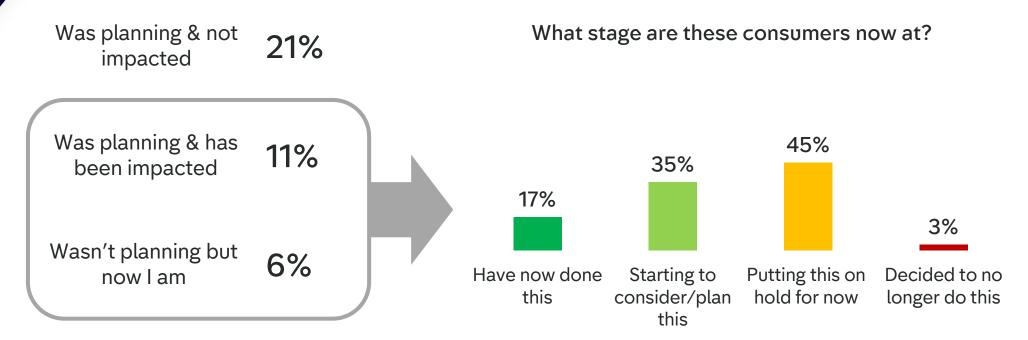


Q. Now have a think about potential plans. Which statement best describes whether the coronavirus has impacted each plan.

#### 1 in 3 planned to buy toiletries & cosmetics

11% have had plans impacted as a result of the pandemic and further 6% decided to make purchases since pandemic. Of those two groups, almost a fifth have gone onto make buy products and over a third intend to.





Q. Now have a think about potential plans. Which statement best describes whether the coronavirus has impacted each plan.

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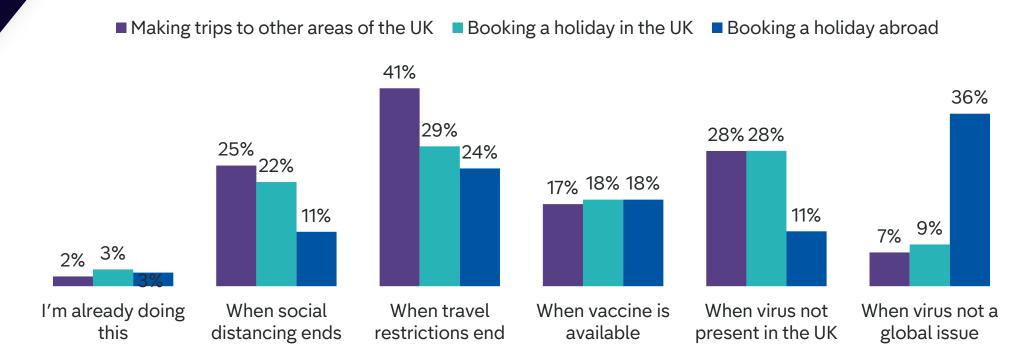
# Main conditions before consumers feel comfortable making decisions **Holidays and travel**

Booking holiday in UK	Booking holiday Abroad	Making trips to other areas of UK	Making longer car journeys	Using public transport	Returning back to place of work
When travel restrictions end 29%	When virus not a global issue 36%	When travel restrictions end 41%	When travel restrictions end 43%	When virus not a global issue 24%	When social distancing ends 16%
When virus not present in UK 28%	When travel restrictions end 24%	When virus not present in UK 28%	When social distancing ends 18%	When social distancing ends 23%	I'm already doing this 14%



### For domestic trips travel restrictions being lifted is a key driver, along with social distancing

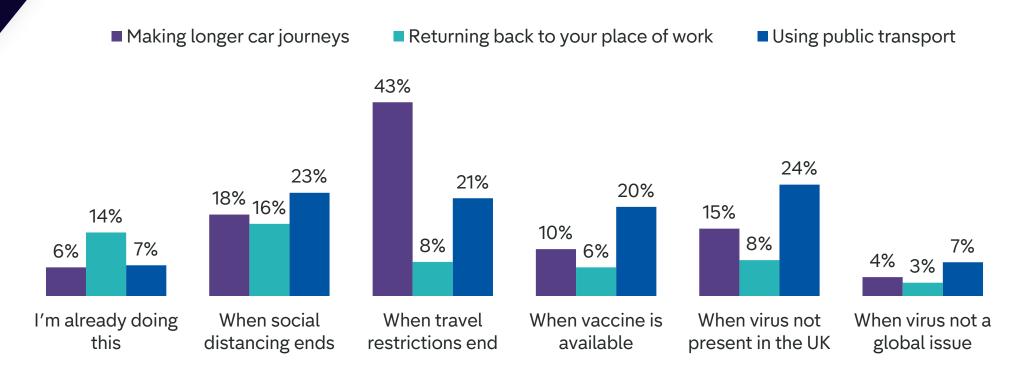
While for international trips the virus needs to be less of a threat





#### Lifting social distancing and travel restrictions will ease concerns around longer car journeys

But for public transport more control of virus is required





## Main conditions before consumers feel comfortable making decisions **Socialising and Entertainment**

Eating out at a restaurant or cafe or club

Going to a bar, pub Going to the cinema / theatre

Visiting museums and galleries

Going to the gym or leisure centre

When social distancing ends

41%

When virus not present in UK

31%

When social distancing ends 40%

When virus not present in UK

28%

When social distancing ends

35%

When virus not present in UK

31%

When social distancing ends

31%

When virus not present in UK

25%

When social distancing ends

19%

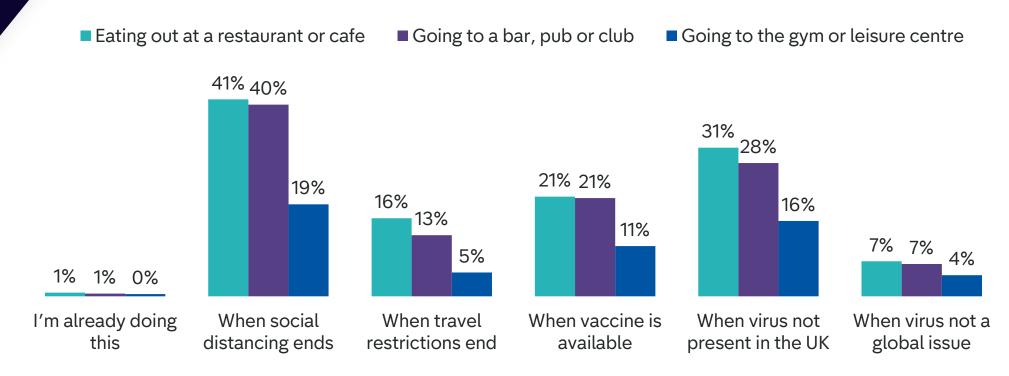
When virus not present in UK

16%



#### Majority are happy to visit social spaces once soci distancing guidelines are lifted

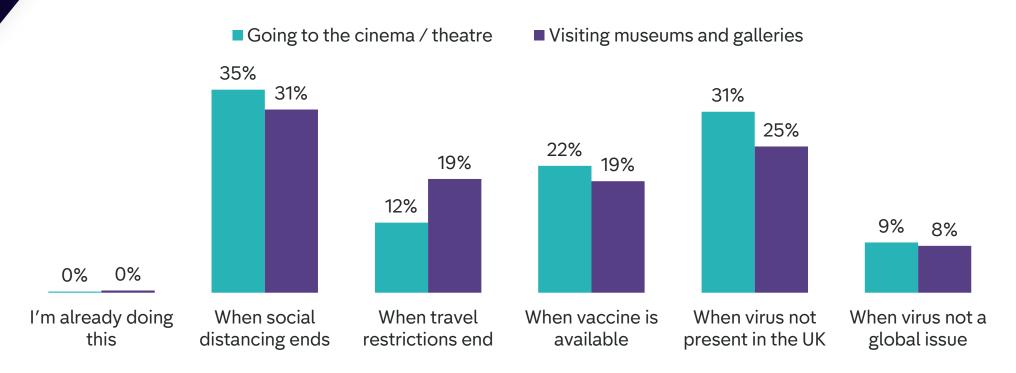
However many want reassurance that the virus is less present in UK





## Social distancing will provide reassurance to visit entertainment and cultural spaces

However many feel greater control of virus is needed in UK for this





## Main conditions before consumers feel comfortable making decisions

**Events and Retail** 

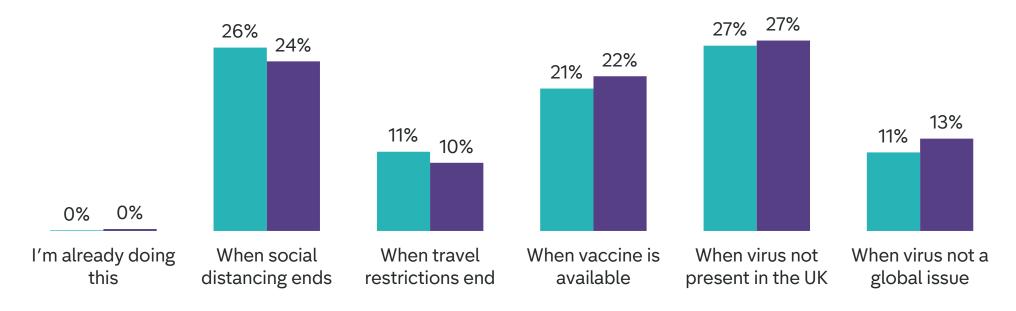
Attending a big outdoor event	Attending a big indoor event	Going to shopping centres	Visit large retail stores	Visiting car showrooms
When virus not present in UK 27%	When virus not present in UK 27%	When social distancing ends 34%	When social distancing ends 29%	When social distancing ends
When social distancing ends 26%	When social distancing ends 24%	When virus not present in UK 26%	When virus not present in UK 20%	When virus not present in UK



## A good proportion are happy to attend large indoor/outdoor events once social distancing lifts

However the majority will hold off until virus is a lesser threat

Attending a big outdoor event Attending a big indoor event (e.g. sports event, festival, concert etc)





### The majority are happy to go into shops when social distancing ends

However a good proportion won't until virus is less of a threat

